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OFFICIAL PROCLAMATION Designating September 2013 as Recovery Month

Bhereas, behavioral health is an essential part of health and one's overall wellness; and

Exercas, prevention of mental and/or substance use disorders works, treatment is effective, and people recover in our area and around the nation; and

Exercas, preventing and overcoming mental and/or substance use disorders is essential to achieving healthy lifestyles, both physically and emotionally; and

Exercas, we must encourage relatives and friends of people with mental and/or substance use disorders to implement preventive measures, recognize the signs of a problem, and guide those in need to appropriate treatment and recovery support services; and

Health and Human Services (HHS), the Substance Abuse and Mental Health Services Administration (SAMHSA), the White House Office of National Drug Control Policy (ONDCP), and the City of Carnation invite all residents of Carnation, Washington, to participate in National Recovery Month (Recovery Month);

Dow, Therefore, we, the City Council of the City of Carnation, Washington, do hereby proclaim the month of September 2013 as

National Recovery Month

in the city of Carnation and call upon the people of Carnation to observe this month with appropriate programs, activities, and ceremonies to support this year's Recovery Month.



Signed this 6th Day of August, 2013.

Fred Bereswill, Deputy Mayor